



CHEROKEE/CLAY COUNTY SENIOR GAMES & SILVERARTS OFFICIAL 2021 REGISTRATION FORM

“PROMOTING HEALTHY AGING”

Registration starts April 1st

Opening Ceremony will take place May 8th at 9am at Andrews Recreation Park, Andrews

Each spring thousands of seniors enjoy participating in a Local Senior Games in North Carolina. Qualifiers are further invited to participate each year in the NC Senior Games State Finals held in Raleigh. Every two years, the State Finals winners qualify to represent North Carolina at the National Senior Games.

This year, 2021, IS a National qualifying year

2021 NC State Finals will be held Sept 20 – 26, 2021; Pickleball: Oct 12 – 15, 2021

For more Information about Cherokee/Clay County Senior Games & SilverArts,

See our website at cherokeecountyseniorgames.org

Phone (828) 837-2467 or Email: cherokeeclaycosrgames@gmail.com

“This program is sanctioned by North Carolina Senior Games, Inc.
NCSG, Inc. is sponsored statewide by the North Carolina Division of Aging and Adult Services.”

CCCC&S
PO BOX 1062
MURPHY, NC 28906

OFFICIAL INFORMATION

ELIGIBILITY

To enter the Senior Games & SilverArts, participants must be 50 years of age or older as of December 31, 2021 and be a resident of Cherokee, Clay or Graham County for 3 consecutive months of the year.

AGE CATAGORIES

Your age eligibility group for the Senior Games sports is determined by your age as of December 31, 2021. Men and women compete in separate categories in the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85- 89 and 90+ except in the SilverArts events, Chess and any sports tournament doubles or mixed doubles events where the age of the youngest player will determine the age bracket.

REGISTRATION & FEES

- Early bird registration begins April 1st and ends at Midnight, April 14th for a fee of \$10.00.
- Normal registration begins April 15th right up to the day of the event for a fee of \$15.00.
- Any registrations received after April 30th will not be guaranteed a T-shirt.
- Registration may be done on this paper registration form or on-line.
For on-line registration, go to cherokeecountyseniorgames.org, select “**LOCAL SG REGISTRATION**” and then “**Register online**”.
- You may register for as many sports events as you want except swimming (6 maximum).
- Visual and Heritage Arts registration are limited to 3 entries per Sub-Category.
- Literary Arts registration is limited to 1 entry per Sub-Category.
- Performing Arts registration is limited to 2 entries - one act in two different Sub-Categories.
- Additional fees will need to be paid at the venue for BOWLING, GOLF AND MINI GOLF.

CLOSING CEREMONY, BANQUET & PERFORMING ARTS FOLLIES

The Closing Ceremony, Banquet & Performing Arts Follies will be held at 6:00pm on Saturday, May 29th, 2021 at the Peachtree Community Center in Peachtree. It will be an evening of family, friends, fellowship, food, fun and entertainment. The cost of the meal is included in the registration fee for the registered participant.

There is a \$15 charge for banquet guest(s) and they **MUST BE PRE-REGISTERED and PRE-PAID.**

SILVERARTS REQUIREMENTS

All applicable SilverArts Entry Form(s) must be filled out completely and attached to the Official Entry Form.

- ALL SilverArts Work, Art and Performances must have been produced in the last 2 years.
- Entries CANNOT have previously medaled locally.
- Entries CANNOT have been previously entered or performed at the NC State Finals Games.

NC SENIOR GAMES STATE FINALS

- For 2021, ALL sports participants may qualify for the NC Senior Games State Finals.
- For SilverArts, only the following event placements qualify for the NC Senior Games State Finals.
 - Visual and Heritage Arts - 1st, 2nd and 3rd place in all sub-categories qualify.
 - Literary Arts - 1st and 2nd place in all sub-categories qualify.
 - Performing Arts, ONLY the Best of Show qualifies.

IDENTIFICATION REQUIREMENT

Photo identification may be required for check-in each day at each event entered. This is a North Carolina Senior Games requirement.

HEALTH AND WELFARE OF PARTICIPANTS

Senior Games are held to promote total health and physical fitness. Events of longer duration and lower intensity are strongly recommended. High-intensity types of activities are offered primarily for the conditioned, trained athlete.

REGISTRATION CHECKLIST

For paper registration, make sure you:

1. Complete the entry form and emergency contact information sections.
2. Read and sign the Liability Waiver and State Finals Release Waiver.
3. Check all sports activities that you want to participate in and/or complete the SilverArts entry form(s).
4. Attach the registration fee to your completed form.
5. Send completed forms and payment to:

Cherokee/Clay County Senior Games
P.O. Box 1062
Murphy, NC 28906

Or return the registration form and fees in a **sealed envelope** to any of the Senior Centers in:
Murphy, Andrews, Unaka and Hiawassee Dam or Clay County Parks and Recreation, Hayesville.

OFFICIAL SPORTS RULES

The NC State Sports Rules Book is available on-line at our website (cherokeecountyseniorgames.org).
Select the "SPORTS" tab and then select "Sports rules".

THANK YOU TO OUR SPONSORS!



CHEROKEE COUNTY

CLAY COUNTY

CHEROKEE SCOUT

First Citizens Bank
Salyer Hearing Center, PLLC

Murphy Granite Outlet
Erlanger Western Carolina Hospital

Cherokee County Arts Council
Senior Health Insurance Information Program

Ivie Funeral Home
Townson-Rose Funeral Home

Blue Ridge Mountain, EMC
Galloway Automotive
Mountain Home Health Service

Family Life Chiropractic
Nantahala Bank
Rambling Rose Florist

Farley Insurance
Moore's Insurance
Steven Aft, State Farm

Turner Family Pharmacy
Waffle King

Turner & Company, CPAs, PA
Wayne's Feed

Cherokee/Clay County Senior Games & SilverArts

2021 OFFICIAL ENTRY FORM

(Please Print Clearly)

**This registration form must be filled out completely, signed and returned with the application fee.
Registrations received after April 30th, 2021 will not guarantee receiving a T-shirt.**

(Please circle the age group you are in as of December 31, 2021)

50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

First Name: _____ MI _____ Last Name _____

E-Mail Address: _____

Street address: _____

City: _____ State: _____ Zip: _____

Date of Birth: _____ Gender: Male: _____ Female: _____

Home Phone: _____ Cell Phone: _____

Emergency Contact:

Name: _____ Relationship _____ Phone: _____

Name of Personal Physician: _____ Phone: _____

Circle answers as appropriate:

YES NO I would like a T-Shirt: Small Medium Large X-Large XX-Large XXX-Large

YES NO I plan to attend the Closing Ceremony, Banquet & Follies on Saturday, May 29th
at 6:00 PM at the Peachtree Community Center in Peachtree.

I plan to bring _____ guest(s) to the Closing Banquet & Follies. Guest fee is \$15.00 and MUST be PRE-PAID .

Guest Name _____

Guest Name _____

Guest Name _____

NC Dept. of Aging requests you please provide the following data. It will be kept confidential. Thank you!

My ethnicity is _____ African American or Black; _____ American Indian or Alaska Native; _____ Hispanic; _____ White;
_____ Asian; _____ Native Hawaiian or Pacific Islander; _____ Unknown/Refused.

Cherokee/Clay County Senior Games & SilverArts

LIABILITY WAIVER

(Be sure to sign both waivers below)

In registering for 2021 Cherokee/Clay County Senior Games, it is important that you are aware of (by carefully reading) and acknowledging the agreement and waiver disclosures as stated below which can affect your legal rights in regard to your participation. We all know that these are uncertain times and the risks of COVID-19 are not completely understood. There is controversy among the experts on how the virus can spread and difficulty in scientifically determining whether anyone has the virus at any moment in time. It is vital that you consult with your primary physician before embarking on any vigorous activities. Cherokee/Clay County staffs are not health care providers and therefore we cannot advise you on your ability to participate in any of our activities.

In consideration of being allowed to participate in any way in the 2021 Cherokee/Clay County Senior Games program and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Prior to participating, I will inspect the facilities and equipment to be used, and if I believe anything is unsafe, I will advise my coach or supervisor of such condition(s) and refuse to participate. I acknowledge and fully understand that I will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from my own actions, inactions or negligence, but the actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used; and,
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasers or others, and assume **full responsibility** for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on the behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE THE SENIOR GAMES OF CHEROKEE COUNTY INC., its officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event ("Releasers"), with respect to any and all injury, disability, death, or loss or damage to person or property incident to my involvement or participation in these programs, whether arising from the negligence of the releasers or otherwise, to the fullest extent of the law.
5. I, for myself and on the behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasers from all liabilities incident to my involvement or participation in these programs including SilverArts, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.
6. I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT FREELY AND VOLUNTARILY WITHOUT INDUCEMENT. I UNDERSTAND AND CONSENT TO HAVE MY MEDICAL INFORMATION AVAILABLE TO MEDICAL PROVIDERS DURING THE GAMES.

(Please sign both waivers so we know you understand the State's requirement)

I HAVE READ AND UNDERSTAND THIS RELEASE.

Printed Name

Signature

Date Signed

This Waiver MUST be signed and dated to process this form!!

By entering the Cherokee/Clay County Senior Games, I grant CCSG and its sponsors the right to use my name, quotes, and any pictures taken of me during the events without remuneration.

STATE FINALS QUALIFICATION RELEASE WAIVER

*"I understand that it is **my responsibility** to ensure that my State Finals Entry Form **must** be received at the NCSG office in Raleigh by **5:00 P.M. on August 1, 2021. I understand that this deadline is strictly enforced in fairness to all.**"*

Printed Name

Signature

Date Signed

Cherokee/Clay County Senior Games & SilverArts

GAMES EVENT ENTRY FORM

(Please Mark and Print Clearly)

<input type="checkbox"/> BADMINTON SINGLES	<u>TRACK & FIELD EVENTS</u>
<input type="checkbox"/> BADMINTON DOUBLES PARTNER_____	<input type="checkbox"/> DISCUS
<input type="checkbox"/> BADMINTON MIXED DOUBLES - PARTNER_____	<input type="checkbox"/> SHOT PUT
<input type="checkbox"/> BASKETBALL SHOOTING	<input type="checkbox"/> RUNNING LONG JUMP
<input type="checkbox"/> BOCCE BALL SINGLES	<input type="checkbox"/> STANDING LONG JUMP
<input type="checkbox"/> BOCCE BALL DOUBLES -** PARTNER_____	<input type="checkbox"/> 50M DASH
<input type="checkbox"/> BOCCE BALL MIXED DOUBLES -** PARTNER_____	<input type="checkbox"/> 100M DASH
<input type="checkbox"/> BOWLING SINGLES	<input type="checkbox"/> 200M DASH
<input type="checkbox"/> BOWLING DOUBLES PARTNER_____	<input type="checkbox"/> 400M DASH
<input type="checkbox"/> BOWLING MIXED DOUBLES - PARTNER_____	<input type="checkbox"/> 800M RUN
<input type="checkbox"/> CHESS**	<input type="checkbox"/> 1500M RUN
<input type="checkbox"/> CORNHOLE	<input type="checkbox"/> 1500M POWER WALK
<input type="checkbox"/> FOOTBALL THROW	<input type="checkbox"/> 5K POWER WALK
<input type="checkbox"/> GOLF	<input type="checkbox"/> 1500M RACE WALK
<input type="checkbox"/> HORSESHOES	<input type="checkbox"/> 5K RACE WALK
<input type="checkbox"/> MINI GOLF	<input type="checkbox"/> 5K ROAD RACE
<input type="checkbox"/> PICKLEBALL SINGLES	<input type="checkbox"/> 10K ROAD RACE
<input type="checkbox"/> PICKLEBALL DOUBLES - PARTNER_____	<u>SWIMMING EVENTS (Select maximum of 6)</u>
<input type="checkbox"/> PICKLEBALL MIXED DOUBLES - PARTNER_____	<input type="checkbox"/> 50M BACKSTROKE
<input type="checkbox"/> SHUFFLEBOARD	<input type="checkbox"/> 100M BACKSTROKE
<input type="checkbox"/> SOFTBALL THROW	<input type="checkbox"/> 200M BACKSTROKE
<input type="checkbox"/> TABLE TENNIS SINGLES	<input type="checkbox"/> 50M BREASTSTROKE
<input type="checkbox"/> TABLE TENNIS DOUBLES - PARTNER_____	<input type="checkbox"/> 100M BREASTSTROKE
<input type="checkbox"/> TABLE TENNIS MIXED DOUBLES - PARTNER_____	<input type="checkbox"/> 200M BREASTSTROKE
<input type="checkbox"/> TENNIS SINGLES	<input type="checkbox"/> 50M BUTTERFLY
<input type="checkbox"/> TENNIS DOUBLES - PARTNER_____	<input type="checkbox"/> 100M BUTTERFLY
<input type="checkbox"/> TENNIS MIXED DOUBLES - PARTNER_____	<input type="checkbox"/> 200M BUTTERFLY
	<input type="checkbox"/> 50M FREESTYLE
	<input type="checkbox"/> 100M FREESTYLE
	<input type="checkbox"/> 200M FREESTYLE
	<input type="checkbox"/> 500M FREESTYLE
	<input type="checkbox"/> 100M INDIVIDUAL MEDLEY
	<input type="checkbox"/> 200M INDIVIDUAL MEDLEY
	<input type="checkbox"/> 400M INDIVIDUAL MEDLEY

****LOCAL GAMES ONLY, NOT AN NCSG STATE FINALS EVENT**

Cherokee/Clay County Senior Games & SilverArts

VISUAL ARTS REGISTRATION FORM

(Please Print Clearly)

NAME: _____ DATE: _____

The following information is REQUIRED for each entry.

1. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
Description: _____ (30 characters including spaces)
2. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
Description: _____ (30 characters including spaces)
3. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
Description: _____ (30 characters including spaces)

Sub-Categories: (Limit 3 entries per Sub-Category)

State Finals event competitions:

Acrylics

Drawings

Mixed Media

Oil

Pastels

Watercolor

Digital Photography

Film Photography

Sculpture

Local event competitions:

Alcohol Ink

Art markers

Charcoal

Colored pencil

Digital Art

Gourds (painted)

Requirements:

- Artist's name, title of entry, and Sub-Category must be attached to entry for identification.
- Art must be properly framed, wired and ready to be hung.
Frame may be no larger than 36" x 42". Entries are to be no heavier than 50 lbs.
- Sculpture groupings are to be no more than 3 pieces.
- Mixed Media may be freestanding pieces, able to be displayed in a 3' wide x 3' deep x 5' high area and must be attached to a base.

Criteria for judging:

Originality, Color, Eye Appeal, Perspective, Technique.

Cherokee/Clay County Senior Games & SilverArts

HERITAGE ARTS REGISTRATION FORM

(Please Print Clearly)

NAME: _____ DATE: _____

The following information is REQUIRED for each entry.

1. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
Description: _____ (30 characters including spaces)
2. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
Description: _____ (30 characters including spaces)
3. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
Description: _____ (30 characters including spaces)

Sub-Categories: (Limit 3 entries per Sub-Category)

State Finals event competitions:

Basket Weaving	Crocheting	Jewelry	Knitting
Metal Work	Needlework	Pottery – Thrown or Hand built	
Quilting – Hand stitched	Quilting – Machine stitched	Stained Glass	
Tole/Decorative Painting	Weaving		
Woodcarving	Woodturning	Woodworking	

Local event competitions:

China Painting	Iron Working / Blacksmithing	Rugs (hooked, woven, braided)
	Quilting – Machine stitched/Collaborative	

Requirements:

- Artist's name, title of entry and sub-category must be attached to entry identification.
- All Heritage Arts must be the work of ONE individual and not a group except
Quilting – Machine stitched/Collaborative (Long-arm machine stitching by a 2nd party allowed – local competition only).
- It must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Art cannot be larger than 3' wide x 3' deep x 5' high and are not to be heavier than 50 lbs.

Criteria for judging:

*Originality, Color, Eye Appeal, Function (does it do what it is supposed to do?),
Proportions/Skill/Workmanship.*

Cherokee/Clay County Senior Games & SilverArts

LITERARY ARTS REGISTRATION FORM

(Please Print Clearly)

NAME: _____ DATE: _____

The following information is REQUIRED for each entry.

1. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
2. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
3. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____
4. Title: _____ (30 characters including spaces)
Sub-category: _____ Year Completed: _____

Sub-Categories: (Limit 1 entry per Sub-Category)

Essay

Life Experience (Autobiographical)

Poetry

Short Story (Fiction)

Requirements:

- Poems can be no longer than 40 lines.
- Short Stories, Life Experiences can be no longer than 8 pages, typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-point type.
- All entries must have a title page, which includes title of work, sub-category, and name of author. The title page is not included in the page count.
- For judging purposes, the name of the author should **only** appear on the title page.
- The author should keep the original and submit a copy of the work which Cherokee/Clay County Senior Games & SilverArts will keep.

Criteria for judging:

Creativity, Rhythm/Flow/Readability, Message conveyed by Words, Technique (grammar, style, appropriateness).

Cherokee/Clay County Senior Games & SilverArts

PERFORMING ARTS REGISTRATION FORM

(Please Print Clearly)

All Performing Arts presentations will be performed on stage at the Closing Ceremony which will take place at the Peachtree Community Center at 6pm on May 29th, 2021.

NAME: _____ DATE: _____

Name of group/solo performance _____

Name of accompanist _____

Name of group leader/solo performer _____

Name of head cheerleader _____

Sub-Categories: (Limit 2 - one act in two different Sub-Categories)

Cheerleading **Comedy/Drama (Solo & Small Group)** **Dance (Solo & Small Group)**
Instrumental (Solo & Small Group) **Vocal (Solo & Small Group)**

Requirements:

- An artist may only have one entry per size of Act in each of 2 Sub-Categories.
- The size of the performances is (a) soloists (who may be accompanied), (b) small groups (2-4).
- Performance is limited to 3 minutes. Exceeding the time limit will result in automatic disqualification which is the State Competition rules. Timing begins with the first note of music or the first movement of the act.
- Props are the responsibility of the performer.
- Voice presentations must be live, although background music may be taped or accompanied.
- All performers, including accompanists, must be over the age of 50 and must register as SilverArts participants, although an accompanist will not be counted in the number of performers.

Criteria for judging:

Technique (difficulty), Creativity(originality), Execution (skill), Presentation (showmanship).

Cheerleading criteria for judging:

Costume (creative, appropriate, appearance).

Routine Presentation (difficulty, knowledge, originality/choreography, variety, good use of stage, timing and skill),

Showmanship, Enthusiasm (confidence, expression/smile, enjoyment of routine, projection),

Technique (ability, execution).

Cherokee/Clay County Senior Games & SilverArts

2021 SCHEDULE OF EVENTS

DATE	TIME	EVENT	LOCATION
Saturday, May 8	9:00am	OPENING CEREMONY	Andrews Recreation Park, (behind the Andrews Senior Center), Andrews
	9:30am	FOOTBALL & SOFTBALL THROW, BASKETBALL SHOOTING, SHOT PUT & DISCUS, 1500M POWERWALK BOCCE BALL PRACTICE	
	11:30am	Medal presentation	
Monday, May 10	9:00am	PICKLEBALL - Women's Doubles / Men's Singles	Hayesville Pickleball Courts
Tuesday, May 11	9:00am	PICKLEBALL - Mixed Doubles	Murphy Pickleball Courts
Wednesday, May 12	9:00am	PICKLEBALL - Women's Singles / Men's Doubles	Hayesville Pickleball Courts
Thursday, May 13	11:00am	GOLF	Chatuge Shores Golf Course
Friday, May 14	9:00am	ROAD RACE - 10K	Start at Murphy Health & Fitness Center parking lot
Saturday, May 15	9:00am	TRACK & FIELD - 1500M Run, 1500M Race Walk, 5K Powerwalk Standing & Running Long Jump	Murphy High School track
Monday, May 17	9:00am	HORSESHOES	Andrews Senior Center
	1:00pm	BOWLING - Singles	Harrah's Cherokee Casino
Tuesday, May 18	9:00am	SHUFFLEBOARD	Andrews Senior Center
	1:00pm	BOWLING - Doubles	Harrah's Cherokee Casino
Wednesday, May 19	9:00am	TABLE TENNIS – Singles, Doubles, Mixed Doubles	Andrews Senior Center
	1:00pm	BOWLING – Mixed Doubles	Harrah's Cherokee Casino
Thursday, May 20	9:00am	TENNIS – Singles, Doubles, Mixed Doubles	Murphy Tennis Courts
Friday, May 21	9:00am	BADMINTON - Singles, Doubles, Mixed Doubles	Rock Gym, Murphy
	1:00pm	CORNHOLE - Singles	

Saturday, May 22	9:00am	TRACK & FIELD – 50M, 100M, 200M, 400M Dash, 800M Run, 5K Race walk	Murphy High School track
Monday, May 24	9:00am	ROAD RACE - 5K	Start at Murphy Health & Fitness Center parking lot
Tuesday, May 25	9:00am 5:00pm	BOCCE BALL - Singles SWIMMING - Backstroke: 50yd, 100yd, 200yd Breaststroke: 50yd, 100yd, 200yd Butterfly: 50yd, 100yd, 200yd Freestyle: 50yd, 100yd, 200yd, 500yd IM: 100yd, 200yd, 400yd	Konehete Park, Murphy Murphy Health & Fitness Center Pool
Wednesday, May 26	9:00am	BOCCE BALL - Doubles** & Mixed Doubles**	Konehete Park, Murphy
Thursday, May 27	9:00am	CHESS**	Murphy Art Center (MAC)
Friday, May 28	10:00am	MINI GOLF	Bear Creek Adventures & Mini Golf, Murphy
Saturday, May 29	2:00pm	CLOSING CEREMONY, BANQUET & FOLLIES	Peachtree Community Center, Peachtree

**** Local game only – not an NCSG State Finals event**

SILVERARTS

Monday, April 26	5:00pm	Literary Art entry submission deadline	Senior Games office
Friday, May 7	10:00am to Noon	All Heritage & Visual Art entries dropped off	Murphy Art Center (MAC)
Saturday, May 8	10:00am to Noon	Heritage and Visual Art judging	Murphy Art Center (MAC)
May 10 – 22	10:00am to 5:00pm	SilverArts viewing open to the public	Murphy Art Center (MAC)
Saturday, May 22	Noon to 5:00pm	All SilverArts entries to be picked up	Murphy Art Center (MAC)